

16TH ANNUAL PROSTART CULINARY
TEAM COMPETITIONS

**COCA-COLA
WAITERS RELAY
COMPETITION**

SATURDAY, FEBRUARY 6, 2016

Coca-Cola Refreshments



COCA-COLA WAITERS RELAY COMPETITION

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ELIGIBILITY

All participating students **must be juniors or seniors in high school** and enrolled in a Premier or Full ProStart program during the 2015 – 2016 school year. A team must consist of students from the same school or career center.

PURPOSE

Participating teams will demonstrate their ability to set a table with the designated table setting and napkin folds while racing against the clock.

UNIFORMS

Team must present a uniformed appearance, and will be expected to wear appropriate apparel. The emphasis will be on team uniformity. Examples of appropriate apparel are front of the house attire (such as apron, white shirt, black pants, and closed toe shoes) or chef's attire (such as chef coat, chef pants, apron, chef hat and closed toe, hard sole shoes). The uniform may also consist of polo shirts or dress shirts, dress pants/skirts and dress shoes. Sponsor logo T-shirts will be acceptable. **The uniform examples listed above are just examples and not required in their entirety.**

RULES

1. Only one (1) team per school may compete in the Waiters Relay Competition. The team must consist of students from the same school or career center. If the students are not from the same school or career center, the team will be disqualified.
2. A student may compete in only one (1) competition.
3. Participating students **must be juniors or seniors in high school** and enrolled in a Premier or Full ProStart® program during the 2015 – 2016 school year. A team must consist of students from the same school or career center.
4. A team will consist of three (3) team members.
5. Team will send all required information to the Florida Restaurant & Lodging Association Educational Foundation (FRLAEF) no later than December 18, 2015. If all required information is not received by 5:00 pm on December 18, the team will be removed from the Waiters Relay Competition.

PROCEDURE

1. The order in which teams compete in the Waiters Relay will be announced prior to the competition. Team start times will be drawn at random.
2. The FRLAEF will provide all items required to complete the relay (i.e. napkins, dishware, flatware, etc.).
3. There are three required place settings. The required place settings are American Place Setting, Russian Place Setting and French Place Setting. The place setting diagrams are found in the Second Edition of ProStart Year 2 on page 210. Examples are attached. These examples will be provided to the judges for comparison during

- judging. There will only be three places to set at the table so each setting must be done just once.
4. There are three required napkin folds. The required napkin folds are **Pyramid, Diamond, and Neck Tie**. Please see attached diagrams. These examples will be provided to the judges for comparison during judging.
 5. It is up to the team's discretion as to which napkin fold is placed with each place setting. The only requirement is that each place setting and each napkin fold be demonstrated.
 6. Stations will be set up throughout the relay. Various items needed to set the table can be found at the stations.
 7. Prior to a team member beginning his/her leg of the competition, he/she must receive the team wrist coil key chain from the previous team member in order to proceed. The team member cannot hand off the wrist coil key chain until he/she crosses the start/finish line. If the wrist coil key chain is handed off prior to the start/finish line, the receiving team member must return to the start/finish line to begin again.
 8. Judges will be placed throughout the relay to determine if a team member drops any items. **If any item is dropped, the team will be given a 10 second penalty for each item dropped.**
 9. After the first round, the top 8 teams will advance to a second round. The top 8 teams will then run the relay again. The teams' scores from the second round will determine the event winners.

WAITERS RELAY

1. FIRST LEG:

The first team member must take the wrist coil key chain and proceed to the table linen and dish area. The team member must bring a tablecloth and the required dishes to the table they are setting. When the team member arrives at the new table, he/she must put the tablecloth on the table. The team member must place the dishes in the appropriate place on the table according to their designated place setting. The team member will be responsible for putting all of the dishes on the table. Once the team member completes the task, he/she must go back to the start/finish line to hand off the wrist coil key chain to the second team member.

2. SECOND LEG:

The second team member must take the flag and proceed to the silverware and glassware area. The team member must put all of the necessary silverware and glassware on a tray. The team member must deliver all of the items to the table they are setting without dropping anything. The team member may make as many trips as necessary to collect all of the items. The team member must set the table exactly as the designated place setting requires. Once the team member completes the task, he/she must go back to the start/finish line to hand off the wrist coil key chain to the third team member.

3. THIRD LEG:

The third team member must take the wrist coil key chain and proceed to the napkin area. The team member must pick up three (3) napkins and bring them to the table they are setting. The team member must then proceed to fold one of each of the three napkin folds. The three required napkin folds are Pyramid, Diamond, and Neck Tie. Napkin fold examples will be provided to the judges for judging. These examples will come from the website listed above. The team member may place each napkin at the place setting of his/her choice. Once the team member completes the task, he/she

must cross the start/finish line. When the third team member crosses the finish line, the timer will record the time.

SCORING

1. Each team will be timed while completing the Waiters Relay Competition.
2. Any penalties will be added to the final time.
3. After the first round, the top eight teams will advance to the second round.
4. During the second round, each of the top eight teams will run the relay again.
5. The teams' scores from the second round will determine the event winners.

PENALTIES

1. Incorrectly setting items in the relay (i.e. incorrect placement of knives) during the leg. If a team member fixes the problem later the team still receives one (1) minute. For example, if one knife is set incorrectly, the team receives 1 minute added to their final score. If more than one knife is set incorrectly, the team still only receives 1 minute added to their final score. The maximum penalty per item type is 1 minute.
 - Addition of one (1) minute for dinner plates
 - Addition of one (1) minute for bread plates
 - Addition of one (1) minute for knives
 - Addition of one (1) minute for forks
 - Addition of one (1) minute for spoons
 - Addition of one (1) minute for glasses
 - Addition of one (1) minutes for napkins
2. Napkin fold must closely resemble the designated napkin fold. If the judges decide the napkin fold does not resemble the designated napkin fold:
 - Addition of one (1) minute per napkin not resembling the designated napkin fold. The maximum penalty is three (3) minutes. That is a one minute penalty per each incorrect napkin fold.
3. **If any item is dropped, the team will be given a 10 second penalty for each item dropped.**
4. Inappropriate attire (i.e. jeans with a GAP t-shirt) and/or no uniformity among team members:
 - Addition of one (1) minute.

DISQUALIFICATION

1. **Team received coaching and/or assistance during the event.**
2. If team is not present at their appointed time to compete, the team is disqualified.
3. Team does not return all required paperwork by December 18, 2015 deadline.
4. The team is comprised of students from different schools or career centers.
5. Misconduct, which includes any drug or alcohol use, at the event, during competition or in activities or locations related to the event, may disqualify a participant or the participant's team from awards or further participation. Should any misconduct come to FRLAEF's attention, the matter will be investigated, as the FRLAEF deems appropriate. Any decision and sanction as to appropriate action due to misconduct is at the sole discretion of the FRAEF and is final. By participating in this event, the student and the team he/she represents accept this requirement as well as all other conditions of the program.

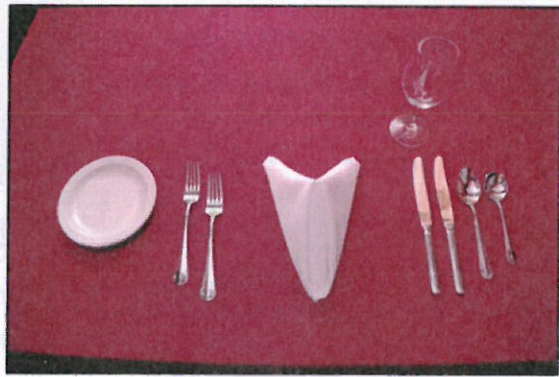
IN CASE OF A TIE

1. The teams will participate in a “finals” relay race. In the event of a tie, all of the above rules will apply to this tie breaker.

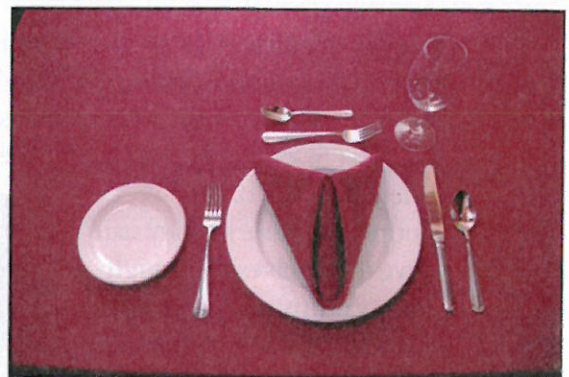
AWARDS

1. The teams that finish in the top five will receive medals from the FRLAEF.
2. Various colleges may also award scholarships.

WAITERS RELAY PLACE SETTINGS



American

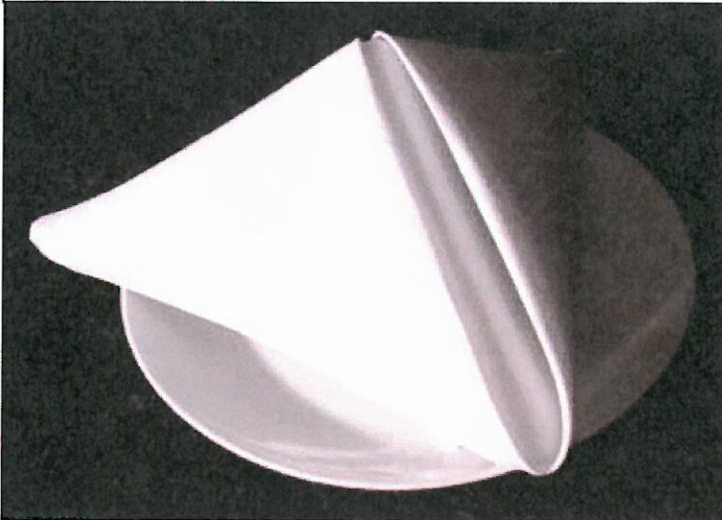


French

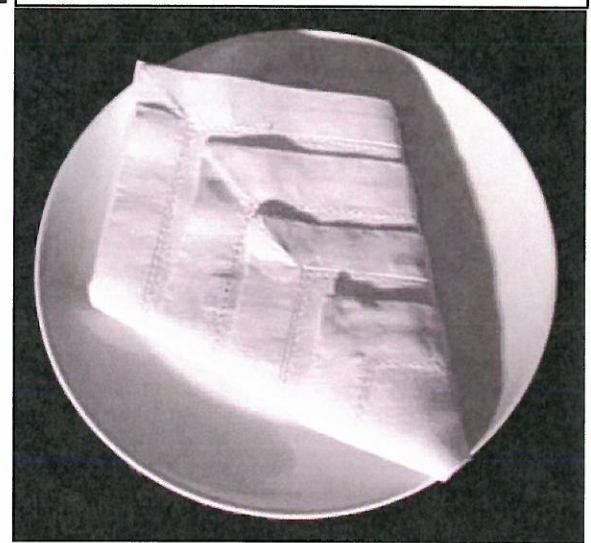


Russian

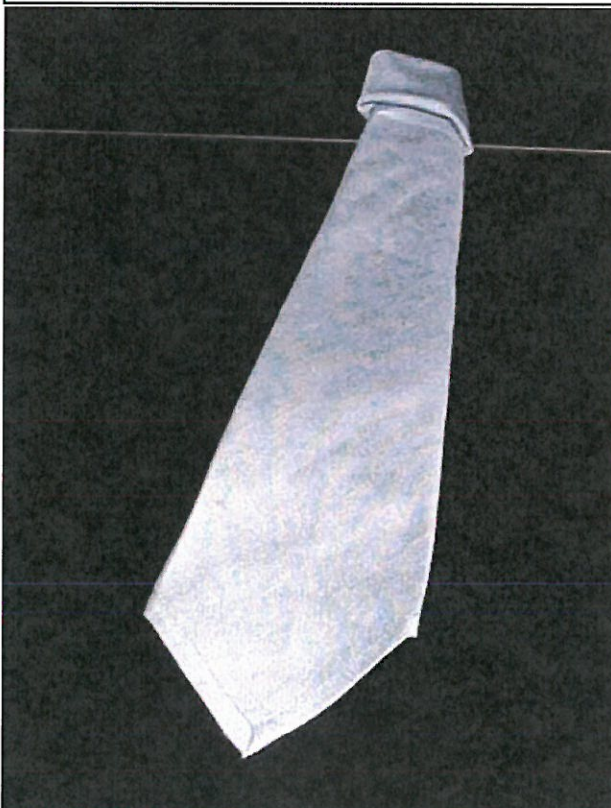
PYRAMID FOLD



DIAMOND FOLD



NECKTIE FOLD



WAITERS RELAY SCORE SHEET

TEAM NUMBER : _____

RELAY TIME:	PLUS PENALTY TIME:	FINAL RELAY TIME:	
PENALTIES	DINNER PLATE	BREAD PLATE	KNIVES
ADDITION OF ONE MINUTE			
ADDITION OF ONE MINUTE	PYRAMID	DIAMOND	NECKTIE
ADDITION OF 10 SECONDS			NO TEAM UNIFORMITY
REASON FOR DISQUALIFICATION:	DROPPED ITEM(S) -- tally each dropped item below		
	DID NOT ARRIVE AT COMPETITION ON TIME		
	CONTESTANT RECEIVED COACHING DURING EVENT		
EXPLANATION OF PENALTIES	<p>Incorrectly setting items in the relay (i.e. incorrect placement of knives) during the leg. If a team member fixes the problem later the team still receives one minute added to their time. For example, if one knife is set incorrectly in the Russian setting, the team receives a one minute penalty. If more than one knife is set incorrectly in the Russian place setting, the team still only receives one minute added to their final score. The maximum penalty per place setting per item type is one minute. If a knife is set incorrectly in Russian and a knife is set incorrectly in American, a total of two minutes is added for knives.</p> <p>Teams are required to demonstrate the Pyramid, Diamond, and Necktie napkin folds. The napkin folds must closely resemble the attached diagrams. The maximum penalty is three minutes--one minute per napkin fold.</p>		

