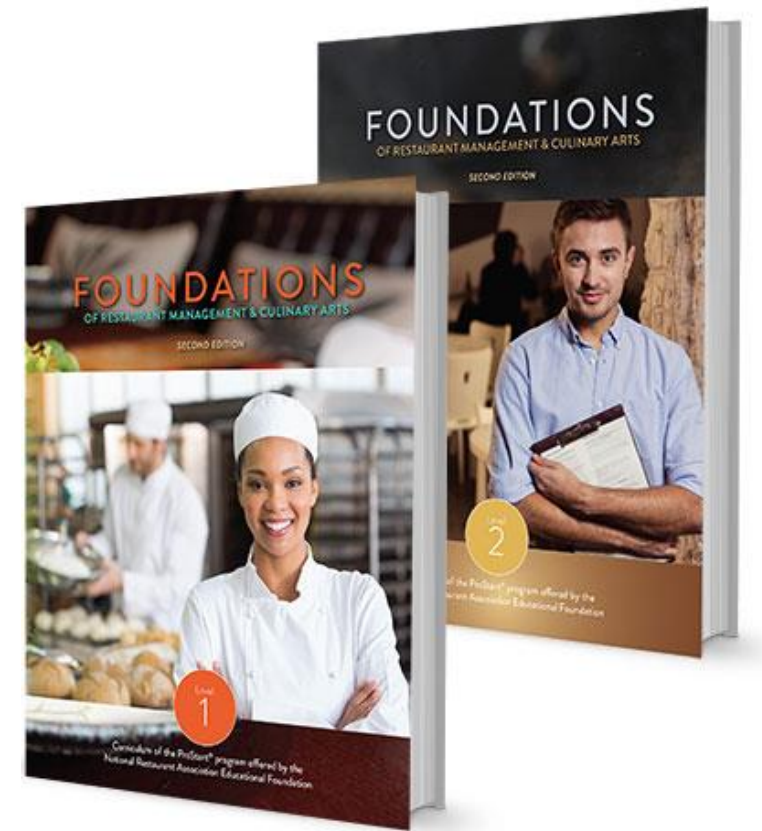


FOUNDATIONS

OF RESTAURANT MANAGEMENT & CULINARY ARTS

Curriculum of the ProStart® Program

Second Edition



We are very excited to announce the release of our new Foundations 2nd edition

- All Foundations 2.e sales and service will come directly from the NRA Solutions team
- Pearson will continue to sell the previous edition (Foundations 1.e 2011)

Curriculum: Content

Notable changes

- Updated throughout to reflect changing trends and standards in the industry
- Universal Design Framework
- Module-Based Format
- Integration of math and science activities in every chapter
- Emphasis on technology
- Single teacher edition (see resources)

FOUNDATIONS OF RESTAURANT MANAGEMENT & CULINARY ARTS



TABLE OF CONTENTS

Level
1

Chapter	Title
1	Welcome to the Industry
2	Career Opportunities
3	Professional Expectations
4	Communication Skills
5	Beginning Your Career
6	Introduction to Food Safety
7	Hygiene and Cleanliness
8	The Safe Flow of Food
9	Risk Management
10	Workplace Safety Procedures
11	Foodservice Equipment
12	Knives and Smallwares
13	Kitchen Basics
14	Culinary Math
15	Salads
16	Sandwiches and Pizza
17	Stocks, Sauces, and Soups
18	Cooking Methods
19	Introduction to Baking
20	Principles of Great Service
21	Front-of-House Basics
22	Introduction to Management

Level
2

Chapter	Title
1	Introduction to Marketing
2	Menu Management
3	Eggs and Dairy Products
4	Breakfast Cookery
5	Fruits
6	Vegetables
7	Potatoes, Grains, and Pasta
8	Introduction to Cost Control
9	Food Costing
10	Labor Costing
11	Purchasing
12	Building Successful Teams
13	Sustainability
14	Introduction to Nutrition
15	Building Healthful Menus
16	Meat
17	Poultry
18	Seafood
19	Yeast Breads
20	Cakes and Pies
21	Desserts
22	Plating and Garnishing



Curriculum & Support

- **Resources**
- **Teacher Companion**
- **Lesson Plan**
 - Each lesson plan includes correlation for that chapter to the FACS standards.
- **Activity Guides**
- **Exams and Test Prep**
- **Digital Resources**
 - Companion Website
 - Partnership with MasterCook!
 - Video Library
 - Interactive e-book

Curriculum: Digital Resources

Resource	User	Details
Interactive E-Book for Foundations, 2e	Students & Educators	<ul style="list-style-type: none">• Personalized digital notebook• Built in assessments• Reporting and analytics• Media rich content includes inline videos
MasterCook 15 <i>Free with purchase of the 2nd edition</i>	Students & Educators	<ul style="list-style-type: none">• Online recipe organizer• Create menus, meal plans and shopping lists• Determine nutrition and costing information• Collaborate and share recipes!
ExamView	Educators	<ul style="list-style-type: none">• Easily create exams and quizzes• Access thousands of assessment questions aligned with the book content
Teacher's USB	Educators	Robust Teacher Resource Package: Lesson Plans, Teacher's Companion, PPTs, Activity Guide Answers, Foundations Showdown, Video library
Companion Site	Students & Educators	<ul style="list-style-type: none">• For instructors: Implementation support• For students: Videos and Study Tools• For Both: Exam and Certificate info



MasterCook


Digital Recipe and Cookbook Manager

- Users can easily navigate existing cookbooks and recipes, add your own and plan menus and shopping lists.
- Additional recipes/techniques offered each month through blog in order to build recipe portfolio.

Teacher Resource Change

- Teacher's Edition replaced with Teacher's USB.
 - Lesson Plans
 - Teacher Companion
 - Activity Guide Answers
 - Chapter PowerPoints
 - Foundations Showdown Game
 - Video Library

Foundations 2.e Product Pricing

 <p>INDIVIDUAL PRODUCT PRICING</p> <p>Prepare students for careers in culinary arts and restaurant and foodservice management with FRMCA 2E.</p>	Product Description	SKU	ISBN	Discounted price
	Level 1 student textbook (HS binding)	FL1ST	978-1-58280-335-7	\$76.00
	Level 1 eBook subscription (1 year)	FL1EB1	978-1-58280-336-4	\$19.00
	Level 1 student activity book (softcover)	FL1AB	978-1-58280-338-8	\$28.00
	Level 1 ExamView digital download	FL1EV	978-1-58280-339-5	\$140.00
	Level 1 Teacher Resources USB	FL1TR	978-1-58280-340-1	\$170.00
	Level 1 online exam code voucher	FL1OEV	978-1-58280-341-8	\$18.00
	Level 2 student textbook (HS binding)	FL2ST	978-1-58280-342-5	\$76.00
	Level 2 eBook subscription (1 year)	FL2EB1	978-1-58280-343-2	\$19.00
	Level 2 student activity book (softcover)	FL2AB	978-1-58280-345-6	\$28.00
	Level 2 ExamView digital download	FL2EV	978-1-58280-346-3	\$140.00
	Level 2 Teacher Resources USB	FL2TR	978-1-58280-347-0	\$170.00
	Level 2 online exam code voucher	FL2OEV	978-1-58280-348-7	\$18.00
	2E print exam answer sheet (either level)	FEAS2E	978-1-58280-349-4	\$18.00

Foundations 2.e Bundled Pricing



BUNDLED PRODUCT PRICING



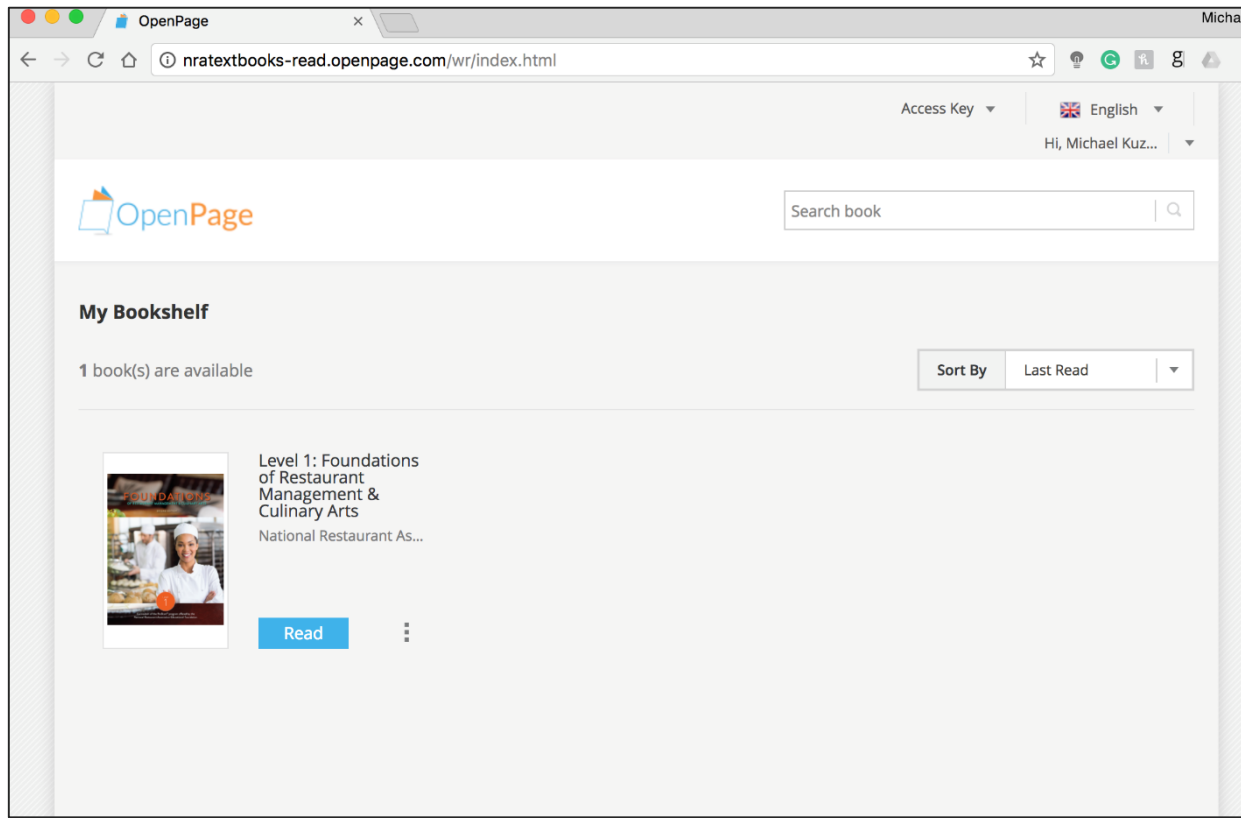
Students will also continue to have the exclusive opportunity to earn Certificates of Recognition from the National Restaurant Association for successfully passing curriculum examinations.

Product Description	SKU	ISBN	Discounted price
Level 1 student textbook + Level 1 activity guide	FL1SPB	978-1-58280-350-0	\$83.00
Level 1 Student Print Package: Level 1 student textbook + Level 1 activity guide + print answer sheet	FL1SPP	978-1-58280-351-7	\$98.00
Level 1 Teacher Package: student textbook, ExamView download, Teacher Resource USB	FL1TP	978-1-58280-352-4	\$309.00
Level 1 student eBook (1 year) + Level 1 activity guide	FL1SEB	978-1-58280-359-3	\$38.00
Level 1 Student Digital Package: Level 1 student eBook (1 year) + Level 1 activity guide + Level 1 exam voucher	FL1SDP	978-1-58280-353-1	\$52.00
Level 2 student textbook + Level 2 activity guide	FL2SPB	978-1-58280-354-8	\$83.00
Level 2 Student Print Package: Level 2 student textbook + Level 2 activity guide + print answer sheet	FL2SPP	978-1-58280-355-5	\$98.00
Level 2 Teacher Package: student textbook, ExamView download, Teacher Resource USB	FL2TP	978-1-58280-356-2	\$309.00
Level 2 student eBook (1 year) + Level 2 activity guide	FL2SEB	978-1-58280-357-9	\$38.00
Level 2 Student Digital Package: Level 2 student eBook (1 year) + Level 2 activity guide + Level 2 exam voucher	FL2SDP	978-1-58280-358-6	\$52.00



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Foundations 1.e Exam Exchange Program

Exchange Foundation exams for 2nd Edition Answer Sheet and Voucher

- Email exam exchange request to textbooks@restaurant.org to receive a return authorization
- *Only Unused Exam Vouchers and Answers Sheets can be exchanged*
- *Pearson will service the older edition, Foundations 1.e while the NRAS will continue to process the 1.e exams until July, 2022.*



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FOUNDATIONS

OF RESTAURANT MANAGEMENT & CULINARY ARTS

Curriculum of the ProStart® Program

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