# 15th Annual ProStart Culinary Team Competitions

Coca-Cola’s Waiters Relay Competition

##### Saturday, February 28, 2015

##### The Coca-Cola Company logo

##### FRLAEF Logo

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#### Eligibility

#### All participating students must be juniors or seniors in high school and enrolled in a Fully Implemented ProStart program during the 2014 – 2015 school year. A team must consist of students from the same school or career center.

**Purpose**

Participating teams will demonstrate their ability to set a table with the designated table setting and napkin folds while racing against the clock.

**Uniforms**

Team must present a uniformed appearance, and will be expected to wear appropriate apparel. Appropriate apparel will consist of chef uniforms (i.e. chef coat, chef pants, apron, chef hat and closed toe, hard sole shoes) or front of the house attire (i.e. apron, white shirt, black pants, and closed toe shoes). This can also include polo shirts or dress shirts, dress pants/skirts and dress shoes. Sponsor logo T-shirts will be acceptable. The emphasis will be on team uniformity.

**Rules**

1. Only one (1) team per school may compete in the Waiters Relay Competition. The team must consist of students from the same school or career center. If the students are not from the same school or career center, the team will be disqualified.
2. A student may compete in only one (1) competition.
3. Participating students **must be juniors or seniors in high school** and enrolled in a Fully Implemented ProStart® program during the 2014 – 2015 school year. A team must consist of students from the same school or career center.
4. A team will consist of three (3) team members.
5. Team will send all required information to the Florida Restaurant & Lodging Association Educational Foundation (FRLAEF) no later than January 30, 2015. (If necessary, you will be able to make changes after you turn in your information.) If all required information is not received by 5:00 pm on January 30, the first team on the waiting list will replace your team in the competition.

**Procedure**

1. The order in which teams compete in the Waiters Relay will be announced prior to the competition. Team start times will be drawn at random.

1. The FRLAEF will provide all items required to complete the relay (i.e. napkins, dishware, flatware, etc.).
2. There are three required place settings. The required place settings are American Place Setting, Russian Place Setting and French Place Setting. The place setting diagrams are found in the Second Edition of ProStart Year 2 on page 210. Examples are attached. These examples will be provided to the judges for comparison during judging. There will only be three places to set at the table so each setting must be done just once.
3. There are three required napkin folds. The required napkin folds are **Pyramid, Diamond, and Neck Tie**. Please see attached diagrams. These examples will be provided to the judges for comparison during judging.
4. It is up to the team’s discretion as to which napkin fold is placed with each place setting. The only requirement is that each place setting and each napkin fold be demonstrated.
5. Stations will be set up throughout the relay. Various items needed to set the table can be found at the stations.
6. Prior to a team member beginning his/her leg of the competition, he/she must receive the team wrist coil key chain from the previous team member in order to proceed. The team member cannot hand off the wrist coil key chain until he/she crosses the start/finish line. If the wrist coil key chain is handed off prior to the start/finish line, the receiving team member must return to the start/finish line to begin again.
7. Judges will be placed throughout the relay to determine if a team member drops any items. If an item is dropped the team member will be sent back to his/her starting point to begin again.
8. **After the first round, the top 8 teams will advance to a single-elimination playoff.**

**Waiters Relay**

1. First Leg:

The first team member must take the wrist coil key chain and proceed to the table linen and dish area. The team member must bring a tablecloth and the required dishes to the table they are setting. When the team member arrives at the new table, he/she must put the tablecloth on the table. The team member must place the dishes in the appropriate place on the table according to their designated place setting. The team member will be responsible for putting all of the dishes on the table. If at any point the wrist coil key chain, tablecloth, and/or dishes touch the ground, the team member must go back to the table linen and dish area to start again. Once the team member completes the task, he/she must go back to the start/finish line to hand off the wrist coil key chain to the second team member.

1. Second Leg:

The second team member must take the flag and proceed to the silverware and glassware area. The team member must put all of the necessary silverware and glassware on a tray. The team member must deliver all of the items to the table they are setting without dropping anything. If the wrist coil key chain, silverware, and/or glassware touch the ground, the team member must go back to the silverware and glassware area to start again. The team member may make as many trips as necessary to collect all of the items. The team member must set the table exactly as the designated place setting requires. Once the team member completes the task, he/she must go back to the start/finish line to hand off the wrist coil key chain to the third team member.

1. Third Leg:

The third team member must take the wrist coil key chain and proceed to the napkin area. The team member must pick up three (3) napkins and bring them to the table they are setting. The team member must then proceed to fold one of each of the three napkin folds. The three required napkin folds are Pyramid, Diamond, and Neck Tie. Napkin fold examples will be provided to the judges for judging. These examples will come from the website listed above. The team member may place each napkin at the place setting of his/her choice. If the wrist coil key chain and/or napkins touch the ground, the team member must go back to the napkin table to start again. Once the team member completes the task, he/she must cross the start/finish line. When the third team member crosses the finish line, the timer will record the time.

**Scoring**

1. Each team will be timed while completing the Waiters Relay Competition.

2. Any penalties will be added to the final time.

3. The team with the fastest time will be the event winner.

**Penalties**

1. Incorrectly setting items in the relay (i.e. incorrect placement of knives) during the leg. If a team member fixes the problem later the team still receives one (1) minute.

For example, if one knife is set incorrectly, the team receives 1 minute added to their final score. If more than one knife is set incorrectly, the team still only receives 1 minute added to their final score. The maximum penalty per item type is 1 minute.

* Addition of one (1) minute for dinner plates
* Addition of one (1) minute for bread plates
* Addition of one (1) minute for knives
* Addition of one (1) minute for forks
* Addition of one (1) minute for spoons
* Addition of one (1) minute for glasses
* Addition of one (1) minutes for napkins

2. Napkin fold must closely resemble the designated napkin fold. If the judges decide the napkin fold does not resemble the designated napkin fold:

* Addition of one (1) minute per napkin not resembling the designated napkin fold. The maximum penalty is three (3) minutes. That is a one minute penalty per incorrect napkin fold.

3. If a team member drops anything, the team member must return to his/her starting point.

1. Inappropriate attire (i.e. jeans with a GAP t-shirt) and/or no uniformity among team members:
* Addition of one (1) minute.

**Disqualification**

1. If team is not present at their appointed time to compete, the team is disqualified.
2. Team does not return all required paperwork by January 30, 2015 deadline.
3. The team is comprised of students from different schools or career centers.
4. Misconduct, which includes any drug or alcohol use, at the event, during competition or in activities or locations related to the event, may disqualify a participant or the participant’s team from awards or further participation. Should any misconduct come to FRLAEF’s attention, the matter will be investigated, as the FRLAEF deems appropriate. Any decision and sanction as to appropriate action due to misconduct is at the sole discretion of the FRAEF and is final. By participating in this event, the student and the team he/she represents accept this requirement as well as all other conditions of the program.

**In case of a tie**

1. The teams will participate in a “finals” relay race. In the event of a tie, all of the above rules will apply to this tie breaker.

**Awards**

1. The teams that finish in the top five will receive medals from the FRLAEF.

2. Various colleges may also award scholarships.