THE CORE HANDWASH

1. Wet/Pre-rinse (Mojar)
2. Apply Soap (Enjabonar)
3. Scrub minimum of 15 seconds (Lavar)
4. Rinse Hands Thoroughly (Enjuagar)
5. Dry with Paper Towel (Secar)

WET/PRE-RINSE

CLAW-TO-PAW

FRONT-TO-BACK

PALM-TO-PALM

THUMBS

WRISTS

INTERLOCK

HANDWASHINGFORLIFE.COM

OVERCOMING UNDERWASHING