Employees feel their mental health is suffering due to COVID-19:

- 47% report mental health has been negatively impacted.

Young employees and women are the most negatively impacted:

- 49% aged 18-34 vs. 38% aged 65 and older.
- 57% women vs. 43% men.

Teladoc Health meets the demand for mental health needs:

- 4x increase in members using virtual mental health for the first time.
- 60% increase in members with adjustment anxiety disorder.
- 100%+ increase in visits for ages 18-30.

Comfort is growing in the use of remote forms of mental healthcare:

- 69% today vs. 40% in 2019.

TeladocHealth.com/mental-health
#Care4MentalHealth

COVID-19 drives positive conversation around access and care for mental health.

Click here to enroll your employees today.

Source: April 2020 study of 735 employees or those recently employed in the U.S., conducted by Leger and commissioned by Teladoc Health.

1‘2019 Mental Health in the Workplace: Global Impact study by Teladoc Health, commissioned through Ipsos MORI.

2Mental Health data from March 2020 vs. February 2020.