

# AMERICA'S BEST HIGH SCHOOL CHEF AND PASTRY CHEF COMPETITIONS

On Saturday, March 27, 2021, the final competition will determine America's Best High School Chef (ABHSC) and Pastry Chef (ABHSPC) winners.



## AMERICA'S BEST HIGH SCHOOL CHEF CONTEST DETAILS:

Create an entree featuring all ingredients from a market basket in the final dish. The market basket will be supplemented by a basic pantry of ingredients.

### Market Basket

- ▶ Whole chicken, small red potatoes, spinach, mushrooms, goat cheese, green beans, vine ripe tomatoes
- ▶ Pantry items to include herbs and spices, flour, sugar, breadcrumbs, basic dairy including butter, eggs, cream and cheeses, celery, carrots, onions, parsley, cilantro, rosemary, sage
- ▶ Other optional items of your choice: basic stocks, red and white wine, sherry, and madeira

## AMERICA'S BEST HIGH SCHOOL PASTRY CHEF CONTEST DETAILS:

Create a signature dessert that is of the style and level expected in an upscale restaurant.

### Basic Plated Dessert Elements\*

- ▶ Main item of choice
- ▶ Sauce of choice
- ▶ Cookie or crisp item of choice
- ▶ Chocolate
- ▶ Fruit

\* Items can be used more than once (i.e. chocolate cake = main item).

## RECIPE SUBMISSION GUIDELINES

Students are required to submit a color photo of the main or dessert course entry along with the recipes for every ingredient. Recipes should yield two portions and be written in a standard format:

Then list the procedure of the recipe with numbered steps.

Recipe submissions should be submitted directly via email to: [fcostantino@monroecollege.edu](mailto:fcostantino@monroecollege.edu).

– Dr. Frank C. Costantino CEC CCE CCA AAC,

Dean, School of Hospitality Management and the Culinary Institute of New York at Monroe College

The top 6 students will have the opportunity to compete at the culinary arts center at the Culinary Institute of New York, 380 Main Street, New Rochelle, NY in a 60-minute final round\*\*. Social distancing and health protocols will be in place during the competition.

## AMERICA'S BEST HIGH SCHOOL CHEF PRIZES

Winners will receive a FULL TUITION scholarship! Significant partial scholarships will be awarded for second and third place and partial scholarships will be awarded for all qualified entries.

\*\*If CINY deems it unsafe to host the final competition in person at the culinary arts center, final competition will take place

**ENTER TODAY!**

